


Programs to Consider


1) *Into the Breach* (Knights of Columbus)

 *Video Series — 12 Episodes*

Summary: A foundational men's formation series created by the Knights of Columbus, exploring what it means to be a Catholic man today. Topics include masculinity, brotherhood, leadership, prayer, fatherhood, family, life, suffering, sacramental life, spiritual battle, and evangelization — all deeply practical for daily life and Catholic identity. ([Formed](#))

 Watch here: <https://watch.formed.org/into-the-breach> ([Formed](#))


2) *Into the Breach: The Mission of the Family* (Formed)

 *Series — 5 Episodes*

Summary: Focuses specifically on **marriage and family leadership** — God's design for the family, healing, legacy of faith, children, and sacramental foundations. This is excellent for men seeking formation in fatherhood and family life. ([Formed](#))

 Watch here: <https://watch.formed.org/into-the-breach-the-mission-of-the-family> ([Formed](#))

3) *Lectio: Prayer — Finding Intimacy with God* (Formed)

 *Study Series — Multiple Sessions*


Summary: A focused teaching on prayer as a relational (not just devotional) practice. Helps men wrestle with prayer obstacles and learn grounded methods for consistent, Scripture-based prayer life. ([Formed](#))

 Find it in the *Cor / Formed* collection on Formed.org. ([Formed](#))

4) *Lectio: The Case for Jesus* (Formed)

 *Bible / Scripture Study*

Summary: A Scripture exploration that helps men draw truth out of the Gospels — perfect for a group seeking deep, applicable Scripture teaching. ([Formed](#))

 Available on Formed.org (search “Lectio: The Case for Jesus”). ([Formed](#))

5) *How to Lent* (Formed)

 *Seasonal Formation Series*


Summary: Guided teaching on the pillars of Lent (prayer, fasting, almsgiving) with Scripture grounding — excellent foundation for Lenten Cor sessions, especially around prayer and spiritual life renewal. ([Formed](#))

 Watch on Formed.org (search “How to Lent”). ([Formed](#))


6) Symbolon: The Faith of the Church (Formed)

 *Core Catholic Formation*

Summary: A foundational faith formation series that explains the entire Catholic faith in clear, engaging, and scripturally grounded segments — ideal for building confidence in living and sharing the faith. ([Formed](#))

 Available on Formed.org. ([Formed](#))

7) Lectio: Scripture-Based Bible Studies (Formed)

 *Bible Study Collection*

Summary: A wide range of Scripture studies (e.g., Gospel of Matthew, Eucharist, Mary, Confirmation) that help men learn how to read Scripture in ways that directly **apply to life, marriage, parenting, and work**. ([Formed](#))

 Bible Studies: <https://watch.formed.org/bible-studies> ([Formed](#))

Additional Content on Formed

Symbolon: The Faith of the Church

Celebrating its refreshed debut, the Augustine Institute's foundational faith formation series Symbolon is new and more relatable than ever. Unlock the profound beauty and depth of the Catholic faith with Symbolon: The Faith of the Church. Join Taylor Kemp, Noelle Garcia, and Augustine Institute theologians on a transformative journey across America, delving into Catholicism's rich history, core teachings, and spiritual practices. This 16-episode series, guided by the Creed, explores everything from the sacraments to inspiring saintly stories, empowering you to understand, live, and share your faith confidently.

The Search

What is this journey in between the event we call 'birth' and the one we call 'death'? Is the journey taking you somewhere, or are you leading yourself to some kind of destination – a destination that could extend beyond your last breath? What do you want from your life during the in between? The questions are there. And, the answers are too.

Presence: The Mystery of the Eucharist

Although the Eucharist appears to be simple bread and wine, it is actually the "source and summit" of the Christian life. Presence: The Mystery of the Eucharist explores the truth and beauty of Christ's real presence in the Eucharist, from its origins in Sacred Scripture, to its profound role in the life of the Church and her members. It is the crescendo of the entire story of salvation.

Forgiven: The Transforming Power of Confession

Forgiven: The Transforming Power of Confession, explores the grace and healing offered in Confession and shows how this sacrament of mercy reveals the depth and bounty of God's love. By

looking at God's revelation of his mercy in Scripture and making a step-by-step examination of the Rite itself, Forgiven communicates God's invitation to each one of us to come experience his indescribable love in the Sacrament of Reconciliation.

Eternal Rest: The Art of Dying Well

We all have very real questions about death. What happens when we die? What does Scripture teach about death? How do we prepare for the life to come? Explore the mystery of death, dying, and everlasting life through Eternal Rest, a new offering of the Augustine Institute. Eternal Rest examines the origin of death, the afterlife, and the powerful reality around the sacrament that ushers us into eternal life. Eternal Rest presents the Catholic Church's teaching about death and God's response to it with wisdom and truth, gentleness and compassion, so we can think about and prepare for death in the light of Jesus Christ, the Author of life.

Lectio: Prayer: Finding Intimacy with God with Dr. Tim Gray

With the clear teaching and artistry of the Augustine Institute's Lectio series, Dr. Tim Gray masterfully uses the discipline of Lectio Divina to show you how to make prayer an effective effort of love and intimacy.

Lectio: Mary with Dr. Brant Pitre

Why is Mary so important to Catholics, and why have so many people been devoted to her over the centuries? In this 8-part series, Dr. Brant Pitre examines what the Old and New Testaments, the life of Christ, and the early Church fathers reveal about the life and identity of Mary.

Lectio: Mark with Dr. Tim Gray

Join Dr. Tim Gray in this powerful 14-part series to discover the Gospel of Mark like never before. Immerse yourself in this action-packed Gospel that offers Saint Peter's account of Christ's life and teaching. Combining the insights of Dr. Tim Gray with the masterful artistry of the Augustine Institute, this Lectio series uses the Church's rich tradition of Lectio Divina to help you better understand and better pray with the Gospel of Mark. Walking the Walk.

With a Fathers Heart

The With a Father's Heart Study Guide is based on St. Joseph and Pope Francis' Apostolic Letter, *Patris Corde*, *With a Father's Heart*. This book is designed for council use, especially if you have a group of men who gather regularly to grow in their faith, whether that is through a parish men's ministry or a council program.

Sacrament of Charity

A small group study guide on the Eucharist and Pope Benedict XVI's *Sacramentum Caritatis: The Sacrament of Charity*. This book includes excerpts from *Sacramentum Caritatis*, explanations and applications. Each session includes readings, discussion questions, and prayers.

Supreme Chaplain's Monthly Challenge

Each month, the Supreme Chaplain selects a Gospel passage and offers a reflection and spiritual challenge. The Monthly Challenge is formatted with instructions so that it can be used in Cor by discussing the previous month's challenge and preparing for the next.

Knights of Columbus Evangelization Video Library

Collection of various videos and discussion guides that can be easily used or adapted for Cor including videos on the Eucharist, Saints, Sacred Scripture, and authentic masculinity. The categories are:

1. Men of the Word
2. Eucharist
3. Saints
4. Sons in the Son
5. Advent Reflections
6. Lent: Born of Fire
7. Lent: Your Lenten Mission
8. Speaker Series
9. Religious Liberty

Word On Fire

